



ENGLISH MARTYRS CHURCH
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Fr Albert Ofere
5th Sunday in Ordinary Time
4th February 2024

Pope Francis Prayer Intention for February: **For The Terminally Ill** Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.

Sun 4th	(Sat) 6 p.m. 9.00 a.m. 11.00 a.m. 6 p.m.	P & M Carroll R.I.P.; C L K Yong R.I.P. S Pereira R.I.P.; J Egan R.I.P.; E O'Connor Int M Brazil R.I.P.; M Nikolli R.I.P. Uwechue Int People of the Parish	
Mon 5th	St Agatha	B Cantillon R.I.P.; H Nwankwo R.I.P. Uwechue Family Int	Requiem Mass: T O'Connor R.I.P. 11.00 a.m.
Tues 6th	Sts Paul Miki & Companions	R M Carvalho R.I.P.; Uwechue Int	
Wed 7th	Feria	S Fernandes R.I.P.; Uwechue Int	Confirmation 7 p.m.
Thurs 8th	St Josephine Bakhita	E Emeyonu R.I.P.; Uwechue Int	Exposition until 11 a.m. Requiem Mass: T Lenane R.I.P. 11.30 a.m. First Communion Children 6 p.m.
Fri 9th	Feria	Uwechue Int	MacMillan Coffee Morning
Sat 10th	St Scholastica	M Richardson R.I.P, Uwechue Int	Reconciliation 10.40 a.m. & 5.15 p.m.
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Darkness and Light

The first reading is tough to hear and we admire Job. We talk of 'the patience of Job'. Job is the example and the hero of depression. He just had it bad. All had gone wrong and he felt no good, no hope, no meaning. His family collapsed, his wealth disappeared and he cursed the day he was born. He went through all of the depressions people have, but somehow kept that glimmer of light alive. He never totally lost God, and God never lost him.

Depression is a huge illness. Many suffer; many are affected. Treatment can be of help, and the listening times of friends as well as therapy is healing.

There are many helps on the human level. There is the help also of faith and prayer at times. And the help of someone who, listens, sympathises, doesn't judge nor give easy cures. Love from God never ends even though it may not appear near just now. This is the Jesus of the gospel – bringing the grace of healing, of freeing from any evil, of constant love.



- **Fr Albert** will be available on Monday from 6 – 7.30 p.m.

- **Requiem Mass** for Tom O'Connor on Monday 5th February at 11 a.m.
- **Requiem Mass** for Tom (the bus) Lenane will be on Thursday, 8th at 11.30 a.m.
- May they both rest in peace.

- **Our sincere sympathy and prayers** to Anna Maguire and family following the death of her mum Elizabeth (Eliza) Mangan. Requiem Mass for Eliza will be on Monday 12th February at 12 noon. May her gentle soul rest in peace.

- **MacMillan Coffee Morning on Friday, 9th February in the Hall.** Hosted by Year 6 from St Margaret's. Please pop in and help support the children in their efforts.

- **Parish Administrator** required at St Mary Magdalene's, Willesden Green. Please find more details about the role at <https://jobs.rcdow.org.uk>

- **I.T. classes** every Thursday in the Hall at 11 a.m. Improve your numeracy using IT Skills. Beginners welcome.

Act of Spiritual Communion:

My Jesus,

I believe that you are present in the Holy Sacrament of the altar.

I love you above all things

and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,

come spiritually into my soul

so that I may unite myself wholly to you now and forever. Amen

**Parish Finances: Offertory – Envelopes £647
Loose Plate: £886**

Contactless Donations: If you are a UK tax payer you can now Gift Aid your donation, we can claim 25p for every £1 donated. *If you need assistance in setting it up, please see Mary. Thank you for your support*

- **On Saturday 10th February**, the Vigil of the Feast Our Lady of Lourdes, please pray and fast for the end of abortion in this Country. Through God's grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. www.GoodCounselNetwork.com

- **Polite Request to Parents:** If your child cries or causes distraction during Mass, can you please take them into the porch until they have settled. Your cooperation in this matter would be very much appreciated by everyone. *Thank you*

- **Coffee after 11 a.m. Mass today.** We need **more volunteers** to help prepare if the coffee morning is to continue. ***Can you help? List in porch for names.***

- **Date for your Diary:** Bacon & Cabbage evening on Saturday 16th March. Tickets will be available next week at £20. All proceeds will go to Building Fund.

- **Diocesan Year Book** available in the porch. Cost £5.00

Anima Christi

Soul of Christ, sanctify us.

Body of Christ, save us.

Blood of Christ, inebriate us.

Water from the side of Christ, wash us.

Passion of Christ, strengthen us.

O Good Jesus, hear us.

Within Thy wounds hide us.

Suffer us not to be separated from thee.

From the malicious enemy defend us.

In the hour of our death call us.

And bid us come unto Thee,

That with all Thy saints,

we may praise thee

Forever and ever. Amen

- **Parish Safeguarding Representative:** Katherine Hamilton email wembley2sg@safeguardrcdow.org.uk